



REHABILITATION FOR MUSICIANS

STAR PHYSICAL THERAPY - EAST NASHVILLE

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PHYSICAL THERAPY



Sandy Murphy, DPT, Cert MDT, ASTYM, *Clinic Director*



About Sandy

Sandy Murphy earned her physical therapy Master's degree from the University of Kentucky in 1999 and her Doctorate in Physical Therapy from AT Still University in 2009. She joined the STAR team in 2010 as the director of the South Nashville clinic and now oversees the East Nashville Clinic. She has two furbabies, Beans and Frankie.

Sandy was involved in music starting at an early age. She grew up listening to her great-grandfather play banjo. In elementary school through high school, she was involved in her school band. This showed exactly how much training and practice it takes to not only participate but be successful.

Once she moved to Nashville, TN aka Music City, she started to work with more and more in the music industry. She quickly became aware of the significant time, attention to detail, posture, and travel required to be successful in this field. She also started to realize the void in terms of care for performing artists. She began to research and develop the Performing Arts Program at STAR to help fill the void in physical therapy for performing arts athletes.

She can offer free injury screens at the East Nashville location. As well, she can accept patients without a physician's referral or insurance. There are varied payment plans that can accommodate anyone's financial needs

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